



Bus Schedule:
Groceries-Mon. & Fri.
Doctor Appts.-Tues. & Wed.
Groups/Errands-Thurs.

Exercise: Dining Room
10:00am-Mon., Wed. & Fri.

Water Aerobics: Pool
9:30am-Tues. & Thurs.
(will resume in the Spring)

BINGO: Dining Room
5:30pm-Tues. & Fri.
1:30pm-Wed. & 12:30pm Sat.

Cards:
Bridge: 1pm-Mon.-Library
Bridge: 1pm-Thurs.-HP1206
42: 6:30pm-Mon.-Library
Canasta: 5pm-Wed.-Apt.1108

Poker: Apt. 1108
1:00pm-Sun. & Mon.
3:00pm-Tues. & Thurs.
1:00pm-Fri. & 7:00pm-Sat.

Worship Service: Dining Room
2:00pm-Sun.

Catholic Service: Movie Theatre
10:00am-2nd & 4th Tues.

Bible Study: HP1206
7:00pm-Thurs.

Beauty Salon:
10:00am-4:00pm-Thurs. & Fri.
By appointment

Nurse: Wellness Center
(Miracle Home Health)
10:00am-Tues. & Fri.

Dining: Dining Room
Brunch 10:30am-Sat. & Sun.
Lunch 11:30am - Mon.-Fri.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	KEY TO ACTIVITIES: OU - Outside Area DR - Dining Rom MT - Movie Theatre ML - Main Lobby PO - Pool LB - Library EX - Exercise Room HP - Hospitality Suite WC - Wellness Center	1 2:00 Find a Friend & Walk 3:00 Birthday Celebration-DR <i>Sponsor:</i> Continuum Rehab Center <i>Entertainer:</i> Richard Barry	2 2:00-3:00 "A Healthier You" Seminar-MT <i>by Expedient Home</i> Health Care 7:00 Movie-MT	3 11:00 Ladies Lunch - <i>Logan's</i> Steakhouse	4 2:00-2:30 Tai Chi-EX 4:00-5:00 Happy Hour-ML <i>Carol @ the Piano</i> <i>Sponsor: Joe Walker,</i> <i>Your Personal Assistant</i>	5 7:00-8:00 Ed & Jan Comedy Team-DR 7:00 Movie-MT
6 Daylight Savings Time Ends- Fall Back 3:00 Movie-MT	7 10:00-2:00 Arbonne Skin Care & Wellness Products-ML 1:00 Book Club-HP1206	8 10:00 VOTE Catholic Service- MT 10:00 Buzzword-LB 10:30 Veteran's Luncheon 1:30 Arts & Crafts-DR 2:00 Find a Friend & Walk	9 2:00-3:00 Meet & Greet- <i>Advanced Rehab Trust</i> <i>Home Health Care Team</i> 7:00 Movie-MT	10 9:00-3:00 Winstar Casino	11 (Veteran's Day) 1:00-3:30 Lewisville's AARP Chapter Mtg.-DR 2:00-2:30 Tai Chi-EX 3:00 Color Guard Ceremony-ML 4:00-5:00 Happy Hour-ML <i>Carol @ the Piano</i> <i>Sponsor: Low Vision Works</i>	12 4:00 Dinner Club - Red Lobster 7:00 Movie-MT
13 3:00-4:00 Willie Daniel Gospel Singing- ML 3:00 Movie-MT	14 10:00-2:00 Bracelets, Etc.-ML	15 1:00 Low Vision Therapy Seminar-MT 1:30 Arts & Crafts-DR 2:00 Find a Friend & Walk	16 1:30-3:30 Dr. Glaser-WC <i>(by appointment only)</i> 5:30 Murder Mystery Dinner Theatre-DR 7:00 Movie-MT	17 11:00 Red Hatters Lunch- Mimi's Café 4:00 Men's Night Out- Rockfish <i>in Highland Village</i>	18 2:00-2:30 Tai Chi-EX 6:00-8:00 Harvest Dance-DR <i>Entertainer:</i> Chris Freeman	19 7:00 Movie-MT
20 3:00 Movie-MT	21 11:00-3:00 Laura's Clothing & Accessories-ML	22 10:00 Catholic Service-MT 11:00-2:00 Scentsy Display-ML 1:30 Arts & Crafts-DR 2:00 Find a Friend & Walk	23 Thanksgiving Lunch Buffet-DR 11:00-11:45 - Bldg. 1 11:50-12:35 - Bldg. 2 12:40-1:25 - Bldg. 3 7:00 Movie-MT	24 	25 2:00-2:30 Tai Chi-EX 4:00-5:00 Happy Hour-ML <i>Carol @ the Piano</i> <i>Sponsor: Girling Health</i>	26 7:00 Movie-MT
27 3:00 Movie-MT	28 6:00-8:00 'What's Your Story' seminar- MT <i>brought to you by</i> Girling Home Health	29 1:30 Arts & Crafts-DR 2:00 Find a Friend & Walk	30 2:00-3:00 Lifeline Medical Alert Seminar-MT 7:00 Movie-MT	<h1>NOVEMBER</h1>		